



**Free
Trial Class**

**Preschool Class Schedule
12 Months-4 Years**

	Mon	Tues	Wed	Thurs	Fri	Sat
Diaper Dare Devils (12-36 Months)	10:00-10:45		4:00-4:45			9:00-9:45 10:00-10:45
Lil' Stars (2.5 Years)			4:00-4:45	10:00-10:45 6:00-6:45	10:00-10:45	9:00-9:45 11:00-11:45
Rising Stars (3 Years)	4:00-4:55	11:00-11:55 5:00-5:55	2:00-2:55 5:00-5:55 6:00-6:55	10:00-10:55 4:00-4:55 5:00-5:55	10:00-10:55 2:00-2:55	9:00-9:55 10:00-10:55 11:00-11:55
Shining Stars (4 Years)	11:00-11:55 5:00-5:55	10:00-10:55 4:00-4:55 5:00-5:55	11:00-11:55 2:00-2:55 4:00-4:55 6:00-6:55	11:00-11:55 5:00-5:55	10:00-10:55 2:00-2:55	9:00-9:55 10:00-10:55 11:00-11:55
Shooting Stars (Advanced)	4:00-4:55		5:00-5:55			12:00-12:55

Our goal at SGA is to provide a positive environment where we can introduce preschoolers to the basics of gymnastics while improving balance, coordination, flexibility and self confidence! Not only will your child develop their gross and fine motor skills, but they will also improve their listening skills in a fun, social environment.

Diaper Dare Devils (Walking - 36 months)

Parent and child explore movement together through playful and exciting activities. This program is fun and interesting while being a crucial instrument in the development of your child's gross and sensory motor coordination and self-confidence.

Annual SGA Membership: \$48 (\$24 Siblings)

Monthly Tuition: \$60 (\$5 extra if not signed up for auto pay)

Lil' Stars (2 1/2 years)

This 45 minute class is designed for 2 1/2 year olds that are ready to start class on their own, without mom and dad on the floor with them. Children will be introduced to the bars, rings, floor, balance beams, trampoline and tumble track. Floor circuits will be set up for your child to learn the basic gymnastics skills and to keep children constantly moving. This class will focus on teaching children to follow in a line and listen to their instructor.

Annual SGA Membership: \$48 (\$24 Siblings)

Monthly Tuition: \$80 (\$5 extra if not signed up for auto pay)

Rising Stars (3 years)

This 55 minute class will focus on teaching children to follow directions, listen to instructor and to learn basic gymnastics skills. Floor circuits will be set up each week to keep the children constantly moving and learning the basic skills of gymnastics on the floor, bars, rings, balance beams, trampoline and tumble track.

Annual SGA Membership: \$48 (\$24 Siblings)

Monthly Tuition: \$80 (\$5 extra if not signed up for auto pay)

Shining Stars (4 years)

In this 55 minute class, children will learn gymnastics skills on the bars, balance beam, rings, floor, trampoline and tumble track. Instructors will set up new floor circuits each month that will focus on specific skills for the children to accomplish.

Annual SGA Membership: \$48 (\$24 Siblings)

Monthly Tuition: \$80 (\$5 extra if not signed up for auto pay)

Shooting Stars (Advanced)

This 55 minute class is for pre-schoolers ages 3-4 who have accomplished the basic gymnastics skills and ready to move on to more challenging skills. Advanced pre-schoolers must have good listening skills and be able to follow directions.

This class is invite only

Annual SGA Membership: \$48 (\$24 Siblings)

Monthly Tuition: \$80 (\$5 extra if not signed up for auto pay)

817-912-1263

Located in the 280 Sports Complex
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