

Recreational Boys Gymnastics Schedule



	Mon	Tues	Wed	Thurs	Fri	Sat
Level 1	4:00-4:55	4:00-4:55* 5:00:5:55	4:00-4:55 5:00:5:55	4:00-4:55		9:00-9:55
Level 2		4:00-4:55	7:00-7:55		6:00-6:55	9:00-9:55

*Classes will start September 1st

Boys Level 1 (5 & up)

This allows young boys to be introduced to all 6 of the men's apparatuses. Using basics from our preschool program these young gymnast will be on the big boy equipment learning the skills set out by the USAG.

No pre-requisite for this class.

Boys level 2

As your athlete develops the strength from their last class they start to swing and jump higher then before, as they continue to follow USAG skills and guide-lines.

Pre-requisite: Completion of boys level 1 or coaches' evaluation.

Monthly Tuition: \$80 (\$5 more if not signed up for auto pay)

Annual SGA membership:\$48 (\$24 Second Child)

www.southlakegymnastics.com

*****FREE TRIAL CLASS*****

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